

# PRAYER TIPS

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When spending time alone with God, make sure you take some time to talk to and listen to Him.

**P** — *Praise & Worship Him* – This takes your mind off yourself and allows you to focus on Him.

**R** — *Repent* – Specifically confess your sins to Him – Make sure to give Him the time to remind you of sins you can't remember! Ask Him to forgive you, and choose to turn away from those sins.

**A** — *Ask* – Bring any requests you have to God – both for yourself and for others.

**Y** — *Yield* – Choose to surrender your life to His control *today*.  
*Yippee* – Thank God for His blessings and any answered prayers.

• — *Pause* – Give Him a chance to speak to you!